

**My child, I love you.**

I love you unconditionally.  
I love you good or bad with no strings attached.  
I love you like this because I know all about you.  
I have known you ever since you were a child.  
I know what I can do for you and  
I know what I want to do for you.

**My child, I accept you.**

I accept you just as you are.  
You don't need to change yourself.  
I'll do the changing when you are ready.  
I love you just as you are.  
Believe this for I assure you it is true.

**My child, I care about you.**

I care about every big and little thing that happens to you.  
I care enough to do something about it.  
Remember this.  
I will help you when you need me. Ask me.  
I love you. I accept you. I care about you

**My child, I forgive you.**

I forgive you and my forgiveness is complete.  
It is not like that of humans who forgive but cannot forget.  
I love you and my arms are open with love that asks  
Please come here! Come here to me.  
I forgive you.  
Do not carry your guilt another moment  
I carried it all for you on the Cross.  
Believe this. It is true.

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